<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Notes</th>
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</table>
| 9:00 – 9:15 | Welcome, Introduction & Approach | Approach to design  
Design “vehicle”  
Standard  
Buffered  
Contra flow  
Approaching intersections  
At intersections  
Add lanes  
Drop lanes  
Gores  
Sweeping turns  
Using color |
| 9:15 – 10:45 | Bike Lanes                      | Standard  
Buffered  
Contra flow  
Approaching intersections  
At intersections  
Add lanes  
Drop lanes  
Gores  
Sweeping turns  
Using color |
| 10:45 – 11:00 | Break (15 min)                  | Mid-block designs  
With transit |
| 11:00 – 12:00 | Cycle tracks                    | Cycle track treatments  
Mixing zones  
Through bike lanes  
Signalization  
Driveways  
Turn boxes  
Other crossing treatments  
Curb extensions  
Median refuges  
Paint  
Bicycle signals  
Rectangular rapid flash beacons |
| 12:00 – 12:45 | Lunch (45 min)                  |                                            |
| 12:45 – 1:45 | Intersections & Crossing Treatments | Cycle track treatments  
Mixing zones  
Through bike lanes  
Signalization  
Driveways  
Turn boxes  
Other crossing treatments  
Curb extensions  
Median refuges  
Paint  
Bicycle signals  
Rectangular rapid flash beacons |
| 1:45 – 2:30 | Bike Boxes                      | Design  
Function  
Problems and countermeasures |
| 2:30 – 2:45 | Break (15 min)                  | Planning  
Designing  
Signing & marking  
Volume & speed management |
| 2:45 – 3:30 | Bicycle boulevards              |                                            |
| 3:30 – 4:00 | Markings, Legends and Signs     | Shared lane markings |
| 4:00     | Wrap Up / End                   |                                            |